563 583 851 114 dissolved, and in such cases, the children have all the ordinary advantages of a home, and grow up very decent members of society. The same remark applies to ArGHóns of other than the first generation. In other words, if ArGHóns are scoundrels, it is owing to the unfortunate circumstances under which they grew up, and not to any inherent defect in the breed.

A good ArGHón is the best man in Ladák; he has more intelligence, more courage, and more enterprise than the Ladak Buddhist, and so far as I know he is not a whit less trustworthy.

•181 105 [4v3] [439] 563 4v3 443 The ordinary Ladák Buddhists are as nice a race as one could find anywhere, they are a cheery, simple, honest, easy going people, but they must ever remain a subject race, for they are not clever, and they are cowardly and unambitious. They all have land, and their one desire is to be left in peace to live on the land. They have no desire to be rich, and so long as they have enough to live upon, they strongly object to earning money by the sweat of their brow. They do a little trade with the Tibetans of Lhása territory, but they have no commercial instincts or aptitude. The ArGHóns on the other hand, as a rule, have no land, and they therefore have to keep their wits about them to earn their bread. They are far better traders than the Buddhists, they are quite ready to work for money, and they generally speak two languages viz., Tibetan and Turki or Tibetan and Kashmiri.

In physique they are certainly equal to the Buddhists, and in personal appearance, more particularly the women, they are far superior to them.

137 114 7v2 [58] HARE--reeong or reebong. Ladákis consider that hares are of the same "genus" as asses. Cunningham (p. 203) says that Tibetans do not eat hares, in Ladák this is not so.

562 563 HAREM--âney (or bômo) duksa khângpa. The Ladáki women are not confined in harems, nor do they wear veils when in the streets. The ArGHons (see "Half caste") are beginning to think it a mark of respectability to shut up their women.

241 HARROW--sarhniom (the Indian harrow, merely a log of wood, which when drawn by oxen over the fields, breaks up the clods and covers the newly sown seed with earth. It is not used in Ladák), vat (the Ladák hand harrow, like a rake, only with a smooth surface instead of teeth).

000 HAUNTED--drey-zhukskhan or gongpô-zhukskhan. The former

779 person, and it would never occur to them as possible that all
798 persons not included in any particular faith, should be slain in this world or eternally damned in the next. This freedom from
[799] religious bigotry, which is enacted in one of the edicts of Asoka, doubtless accounts for the readiness with which a Ladáki will change his or her religion, when, from a worldly point of view, it suits so to do.

779 HELL--ngiáwa or ngiálwa. The Buddhists have 18 different hells,
772 such as the hot hell, the cold hell, etc. They imagine that when the allotted number of re-births or re-embodiments has taken place, the soul, or "sem", should attain "nirvána", or, as they would put it, go to heaven (thoris thop ches), but if owing to sins (rdikpa) committed in this world (jikrten), the soul is unfit for nirvána (stongpa ngyid), it has to go to one of the hells for a certain period. There is no such a thing as eternal punishment in the Buddhist religious code. Eedaks or Yeedaks is the name of a kind of hell, or according to Jaschke "the fifth class of beings of Buddhist cosmography condemned in a fore-hell to suffer perpetual hunger and thirst; a grade of punishment preceding the final and full torments of hell, they are represented as giants with huge bellies and very narrow throats, inhabiting the air."

[775] Between the time of death and re-birth the disembodied soul is said to be wandering about in space (khorwároo kiám ches), it does not go to heaven or hell between the periods of re-birth. But see also "Metempsychosis."

826 [61]HERMAPHRODITE--Not known in Ladák. Ladákis think ill luck is caused by human monstrosities, and it is therefore probable that these are killed as soon as they are born.

579 HIGHWAYMEN--chakpa. Highway robbery is unknown in Ladák, but in Chángtháng (Lhása territory), where the people are less timid than Ladákis, it occasionally happens that Ladák trading parties
●[181] are attacked by Tartar robbers termed "chakpa". ArGHóns (see half caste) are more than a match for these highwaymen, but the Bots (i.e. Ladák Buddhists) seldom attempt resistance, although their party may far outnumber that of the robbers.

327 HINGE--kabza. The Ladákis don't use hinges--an iron hook and eye arrangement serves with them for a hinge.

13t Heber and Heber D-3 (1914-25) 1926 AJ4 W. Tibetans AJ4

IN HIMALAYAN TIBET

CHAPTER I

Introduction to the Land & People

"ONCE upon a time" is the orthodox beginning for all stories of fairy-land, and indeed the words "here and now" seem far too prosaic to introduce a new-comer into a land where those, who can still look out on the world with a child's wonderment and imagination, may actually see such living and moving embodiment of gnomes, elves, quaint old witches, weird old wizards in such appropriately fantastic and grotesque settings that they may well feel they have reached the veritable home of merry sprites and strange goblins. Could anything be more gnome-like than the little children playing in the roads and lanes, peeping shyly round dark corners or out of mysterious cracked doors, or darting away down queer passages leading under and through houses, quaint little individuals with merry brown faces, sometimes flat and Mongolian in type, but often with large lustrous brown eyes, probably from a Kashmiri admixture. See these elf-like little faces framed in the astrakhan edging of their high fur-lined caps with turned-up corners, a fashion worn by all ages and sexes, including the pig-tailed men, these very corners being so typical of the whole goblin land. So, too, are the still taller peaked mitre-shaped hats of the lamas, red or yellow, while the national head-dress or "Perag" of the women, is the most extraordinary thing of

13: Heber and Heber D-3 (1914-25) 1926 AJ4 W. ...betans AJ4

network of rope, serves as operating-table. A small box does duty as instrument table, whilst an X travelling wash-stand must serve for the Surgeon's washing of hands and that, too, of his assistant. The first patient is brought in, a woman who prostrates herself before the door of the temple. One of the villagers has been impressed as an extra assistant, and is now instructed thoroughly to wash the lady's face with soap and water. She is then laid on the dirty bedstead, and her dirty clothes are covered first by a sheet of clean mackintosh, and then by towels which have been sterilized in Carbolic Acid, and her not overclean hair is likewise covered. Cocaine is then instilled into both eyes, the Surgeon and his assistant wash their hands, then kneeling at their very low operating-table proceed to extract the cataracts. This done, fingers are held up for the patient to count, and the onlookers reveal their interest and joy by ejaculations of "*wah!*," or "*tong dug*" —"she sees." Eyes are bandaged, and the next patient tackled. That day we did twenty-two cataract operations, and afterwards were inclined to boast about it till we met another Missionary Doctor,—Holland of Quetta,—who told us that he had done over ninety in one day. And the results? Of our twenty-two, eighteen received good sight, two were partially successful, whilst two were failures. Considering the dirty patients and dirtier surroundings, we felt the results quite justified the trip. We stayed a few days longer till it was safe to leave those on whom we had operated, and then began our return journey, thinking ruefully of how the deputation from Lingshed had promised to furnish us with supplies on the road, and had faithfully done so until the operations were over and there was little more to be got out of us. On the way home we were left to fend for ourselves, and our poor ponies had occasionally to go hungry. Ingratitude, and not gratitude, is one of the prominent characteristics of the Ladaki, for does not a good action bring its own reward, and the Doctor will have reaped much merit from his medical tour.

13: Heber and Heber D-3 (1914-25) 1926 AJ4 W. Tibetans AJ4

CHAPTER XVI

Merit & its Acquisition

779

SODNAM or *Gewa*, both of which mean merit, are perhaps the two religious expressions most commonly used by the people of Ladak. It has been said that "the acquisition of merit is the controlling motive for most of the religious acts of the average Buddhist." This is perfectly true of Lamaism. How one gets to dislike the word merit, which is so absolutely the expression of utter and [181] complete selfishness. The Ladaki simply does not believe in disinterested, unselfish action. True compassion is practically unknown. The cup of cold water is not given to quench the brother's thirst but to gain a reward. But whence does the Buddhist of Little Tibet get his idea of merit? Can it be from the Buddha, whose life was one of the most beautiful ever lived? This seems unlikely; in fact we are informed that he actually taught the utter uselessness of any action performed for the sake of obtaining merit, which thereby only defeats its own ends. Consciously he did not preach this appalling doctrine, and yet is it not an outcome of his teachings? This is not a treatise on Buddhist philosophy, and yet it is necessary to have a general idea of Gautama's teaching to be able to understand some part of the Ladaki's religious belief. To begin with it must be stated that it is very difficult to know what the Buddha really did teach, for the Pali writings are none too authentic, but there is no doubt that he connected all sorrow and trouble, sickness and death, with material existence, which he regarded as an illusion, and longed, not only for himself, but for all his

14: Asboe M-3 (no date) 1947 AJ4 W. Tibetans AJ4

476 556 436 427 161 595 181 receives half the crop in return for working the fields, the landowner being responsible for the water-supply and the payment of land revenue.

In Ladakh, as well as in Tibet proper, where the country to a large extent is sterile, the Malthusian law, by which "there is a tendency on the part of the population to increase at a greater ratio than its power of producing food," actually operates. There have been writers who with great plausibility advanced the view that the practice of fraternal polyandry (plurality of husbands) was intended to combat this tendency. It is more likely, however, that the custom of polyandry derives its origin from a crude state of society and originally had no such economic significance. On the other hand, it is quite possible to conceive of a condition of affairs in this arid and sandy country likely to cause widespread famine or continual warfare. Actually neither occurs, for, together with polyandry, groups of families live in one or more houses attached to the paternal property. Moreover, Tibetans generally are not warlike, and the universal virtue of hospitality and the giving of alms to all and sundry acts as a kind of safety valve against famine and war.

241 787 805 Farming activities at the outset are mildly controlled by religious sanctions, and the peasants consult the oracle dictated by the Buddhist priesthood as regards the auspicious moment at which farming operations may proceed. In practice, however, the auspicious time for ploughing and seeding coincides with the time at which the sun strikes certain prominent mountain peaks or cliffs at sunrise, meridian, or sunset. For [114] instance, in a village in which I lived for ten years, a chart of the time of day was drawn up covering a whole year, based on the moment when the sun set over a particular snow-capped peak. The local astrologer—usually a lama or Buddhist priest—also compiles a calendar which serves as a guide to the farmers who can read.

241 134 In spite of the aridity of the country and the lack of moisture, the harvests of Ladakh cannot be said to be insufficient to feed the people. The soil, however unpromising, has the peculiarity of yielding good crops year after year without its being allowed to lie fallow and without, in many cases, any attempt to cultivate an alternation of crops.

241 When a farmer contemplates opening up waste land he must first clear the ground of obstructions, such as rocks, stones, and rough grasses, and then contrive to level the surface. Everywhere you see fields constructed in the form of terraces along the sides of the hills, the stones and top layer of the earth being brought down from a higher to a lower level so as to form a wall or buttress. These parallel terraces of levelled-out land are supplied with water conducted in channels from a mountain torrent caused through the melting of glaciers or accumulations of snow. Another ingenious device for obtaining what will one day become arable land is that of building stone dikes across the sloping sides of mountains near their base. These are constructed by the peasants to assist the deposit of soil and gravel by the melting snows. They are left for years and sometimes generations for the operation of nature in preparation for the labour of man, so that in due course a sterile declivity becomes an accessible flight of terraces of cultivation.

The soil thus reclaimed from the stony and barren mountain sides has

14: Asboe M-3 (no date) 1947 AJ4 W. Tibetans AJ4

advantage of the illiteracy of the debtors by manipulating his bills, adding compound interest and in other ways cheating the unfortunate debtor. It is true that the law provides redress or an equitable rate of repayment of loans, but it is scarcely ever invoked by the people, for the grain stockists have so great a stranglehold on the people and are so efficiently organized that there is no recourse for them but to keep on as good terms as possible with their creditors. The only antidote to this form of tyranny would, it seems, be to start co-operative enterprise in the way of a grain bank organized by the peasants themselves, but, alas! they have not attained to that state of society in which this is possible. In short, the exactions and unscrupulous devices practised on the people by grain usurers and petty revenue officials in this country could be tolerated only by those strongly imbued with a fatalistic view of life. This has its basis in the belief, common amongst these Buddhist peasants, that all the ills and abuses in life which they suffer are retribution for evil deeds committed in former existences.

The farm work in the country is done chiefly by the women, who, besides carrying out their functions in their domestic sphere, look after the fields whilst their menfolk go out on trading expeditions, many only returning when the harvest is gathered.

Yet the great paradox in this country is that with all the privations they suffer, the low standard of living to which they have grown accustomed, and the lack of healthy development of social and intellectual activity, they are the cheeriest and most contented people it would be possible to meet. Their wants are few and their ambitions greatly restricted, and so long as they have clothes to wear, which they make from the wool of their sheep, and food to eat they remain cheerful, hospitable, and carefree. It seems unlikely that there will occur any such thing as agrarian agitation for better conditions of life for many centuries to come, for the customs of centuries and the usages practised from time immemorial have become so ingrained in the general make-up of the people that a new idea or a new way of life is repugnant to them.

Yet when all has been said about the living conditions of these farmers of Ladakh one cannot help liking them for their simplicity, their natural kindness, and their cheerfulness. The longer you live amongst them the more you are attracted to them.

22: Francke M-3 (no date) 1901 AJ4 W. Tibetans AJ4

539

(*c*) [Looking] at the tricks of the plucky Balti, the heart of the timid Tibetan is lost. 181

(*d*) An explanation of the constant bad luck of the West-Tibetans on the ground of the national character.

(*e*) *Bkolbkol* is a word which seems to occur only in this connection. 000

45. (*a*) མཉམ་པོ་འདུག་པ་ཚ་མ་ལ་ཁྱོད།། 539 793 609 192

(*b*) nyam'po dugs'pa la'maa khyod'.

(*c*) [When] living together, [we say] "thou" to a lama.

(*d*) Respect is lessened by closer acquaintance.

(*e*) *Khyod* is the common word for addressing inferiors or comrades. A lama ought to be addressed with *nyerang*; *dugspa* = *dugpar*. The Supine is sometimes used instead of the Gerund. 000

46. (*a*) མནའ་མ་མནའ་མ་ཟེར་ར་ནི་མིའི་ཡོག་མོ་ཡིན། 539 562

ཀྱབ་ལ་གཡུ་ཞུང་བཏགས་གའི་སེམ་བའི་མགོ་བསྐོར་ཡིན།། 301

(*b*) na'ma na'ma zer'ra ning' mi'i yog'mo in'.
gyab'la yu'zhung tag'ga ning sem'pä gob'skor in'.

(*c*) [Although they] call her daughter-in-law, she is the servant of men. On the back many turquoises are fastened, but it is a deceit of the soul.

(*d*) Refers to the low position of the Ladakhi woman.

(*e*) *Zerra* and *tagga* are corrupted from *zerbar* and *btagpar*. The supine used instead of the gerund = *gyuzhung* = *gyuchung* = small turquoises. See also *buzhung* for *buchung*. All Ladakhi women wear their turquoises on a strap of leather which is fastened on the head and descends to the middle of the back. *Semba* = *sems*, soul. *samba* = thought.

47. (*a*) ཁྭ་དཀར་ཀོ་བག་ཟེར་པ། རྒྱང་ཀའི་མིག་འཁྲུལ།། 539

(*b*) Kha'tā ko'wag zer'pa, cung'kā mig' thrul'.

(*c*) The crow has said *kowag*; [in the] eye of the raven it is mistaken.

(*d*) A man may say something very nice, [for instance *kowag*] his enemy will find great faults in it.

(*e*) *Zerpa* is past participle; *cungka* = *skyungka*. 000

2156

593 case of other polyandrous peoples like the
114 Todas and Tiyas, I found that they say
121 this is not practised any longer, but that it
201 used to be a custom two or three genera-
152 tions back. I have never found a case of its actually being practised today and, for this reason, I have strong psychoanalytical suspicions that it has never been practised, but that this story has been put out by polyandrous people as an indication of, what I should call popularly, "wishful thinking." Each of the brothers would like, in some way, to have the common wife all to himself and would like to manifest this virility on his part by hanging up some emblem at the door. The sword, the stick, the shoes, the hat, and even the beads are all, psychoanalytically, symbols of virility, and it seems as if the men would *like* to have this custom which, possibly, has never existed, and each of them gains a certain satisfaction in thus imagining a virility which he feels he does not have.

181 The morality of the polyandrous people
595 is very high. I mean by this that, as poly-
178 andry is an institutionalized social system, they stick to it very strictly. If you ask missionaries who have been among polyandrous people, they will, of course, tell you that polyandry is a very immoral practice. But if you speak to the people themselves, they, on the contrary, consider it highly immoral not to be polyandrous. If we take as the definition of morality, conformity to the social standards of the setting in which one lives, then one can say that polyandrous people, at least in this area which I studied, are very moral. The old people complain that today the young ones are getting highly immoral and lax in not carrying out the tradition of polyandry. Certainly, on the borders of India, where the people come in contact with the monogamous families of India, or with Europeans, polyandry is dying out to some extent.

595 I remember speaking to an old Tibetan
178 called Tocktock in Leh, who told me that,
428 in town, Indian and Turki traders (the latter from Chinese Turkestan), and Euro-

WT But local Europeans who know the
838 Tibetans very well, such as the Moravian
●181 missionaries who live among them in the
595 western part of Tibet, explain that, on the whole, they are not very passionate people, but rather cold. Certainly, their polyandrous institution has much to do with the repression of their natural feelings.

WT
719 Oddly enough, the Buddhist religion
545 condemns not only polygyny and divorce,
174 but also polyandry, and yet all Tibetans who are Buddhists practise it. Thus, it must be a pre-Buddhist custom. The Moslems, however (that is, those Tibetans who are converted to Mohammedanism) cease being polyandrous immediately and take to the Islamic polygynous system.

Ti
595 There exists a very rare case of poly-
341 andry in Tibet which it has not yet been
WT my privilege to come across, but of which
341 I heard repeatedly in western Tibet. It is practised in a society which I understand exists in central Tibet around Lhasa and Gyantse. In these towns, the fathers and sons share one wife. One of the objects of my returning now, at the end of the year, to Tibet, is to meet a woman who is thus married to both father and sons. Such a

[104] woman is known in Tibetan as a *tchama-doong*, which means "beam-mother-beam" a name derived from an analogy in the build of their houses. These have flat roofs, built over a number of beams, large transversal beams and others, which are smaller, going across them, and very small bits of wood which link the two together. When they call such a woman a *tchama-doong*, they mean she is comparable to a small beam, that she links the big beam with the small bits.

Ti
595 It must not be imagined for a minute, of
587 course, that this woman is the mother of the sons. But let us assume the case of a family in which there are a number of brothers, who have married one woman and have a number of offspring. If this mother dies, the fathers can either remarry and, in this case, the sons are entitled to share the stepmother with their fathers, or, if the sons are married when the mother dies, the fathers, instead of remarrying, are

1; Drew G-3 (1862-1872) 1875 AV1 Kashmir
W. Tibetans AJ4

LADĀKHIS.

The Ladākhis have the Turanian cast of feature—that which we are apt to call Chinese, from our having become most familiar with it through the Chinese division of the Turanian family. They have it not perhaps in its greatest intensity, but still unmistakably. The cheek-bones are high; from them downwards the face rapidly narrows; the chin is small and usually retreats. The most persistent peculiarity is that of the eyes, of which the outer corners are drawn out and the upper eyelids are overhung by a fold of the skin above. The eyes are brown in colour. The nose is pressed, so to say, into the face; and it is often, but not always, depressed at the bridge. The mouth is large and inexpressive; the lips project, but are not thick. The hair, which is black, is cut quite close in front and at the sides of the head; behind, it is collected into a plait or pigtail, which reaches about to the small of the back. Moustaches are always or nearly always present, but they are small, and the beard is very scant. 142 [302]

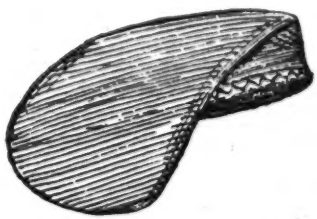
In stature the Ladākhis are short, several inches below the English middle height. Cunningham gives nearly 5 feet 2 inches as the height of the men and 4 feet 9½ inches as that of the women. Both sexes are broad-made and strong. There is no doubt that they are an ugly race; their best friends cannot deny it. As to the women, the best that can be said of their looks is that some of the younger ones are "not so bad looking."

One is glad, on coming to the subject of their character, to find more to be praised. The Ladākhis are cheerful, willing, and good-tempered; they are very ready for a laugh; they are not quarrelsome, unless it be when excited by their intoxicating drink, *chang*, and if over that they do get to wrangling or fighting, no bad blood remains afterwards. They are by no means ingenious; simplicity and clumsiness are characteristics of them. There could hardly be two national characters more opposed than those of the Ladākhis and the Kashmiris; these latter, quick, versatile, and plausible; the others slow, inapt, 181

1: Drew G-3 (1862-1872) 1875 AV1 Kashmir
W. Tibetans AV4

181 and much given to truth-telling. The Ladākhīs, however, have by no means poor understandings; they are not muddle-headed, but will learn to understand clearly if given a fair time and opportunity. Major Godwin-Austen has with truth remarked that in one respect the Ladākhī writers far excel the munshīs, or writers, of India—that is, in the understanding of a map.

291 Their dress is simple; it is all woollen, of a coarse and thick, but not very closely-woven, home-made cloth, of a natural drab colour. The men wear a *choga*, or wide and long coat, folded over double in front, and confined at the waist by a woollen kamarband, or scarf. They wear nothing beneath this; with boots and cap, and may be an extra wrapper, their attire is complete. As to cap, there is an old and a new fashion. The old sort of cap, still a great deal worn, but chiefly in those parts that are out of the way of traffic from foreign countries, is of the peculiar form shown in the cut. The part that falls over, as far as I could make out, does no good to the wearer. The Kashmīris have an absurd story about these caps, that their origin was from the time when a force of Mughal soldiers from Kashmir, under Ibrāhīm Khān, came to help the Ladākh ruler against the Sokpo invaders. When this force was retiring, one of the troopers dropped his horse's *tobrā*, or nose-bag, which a Ladākhī, picking it up, wore for a cap; and the fashion was so much admired that it became general. The other sorts of head-dress are a jaunty skull-cap, which is the newer fashion, and a comfortable lamb-skin cap, with large ear-flaps, which in summer are stuck up behind in a curious way, but in winter they make the best possible protection against the severe cold. To the Ladākhī his boots are a matter of great importance. The stony ground, and in winter the biting snow, require precautions. A piece of thick leather makes the sole, and is moulded round for the sides of the feet as well; a felt or a cloth top is joined on to



LADĀKHĪ CAP.

1: Drew G-3 (1862-1872) 1875 AV1 Kashmir
W. Tibetans AJ4

this, to reach above the ankle; the leg is further protected by felt gaiters, secured by a tape wound many times round. This *chaussure* is good against cold, and is not bad for rock-climbing where the ground is dry. 291

The women wear a gown, the skirt somewhat gathered into plaits, of vertical strips of woollen cloth, generally blue and red alternately but sometimes patterned, sewn together. Over the shoulders is worn a kind of shawl, of sheepskin with the wool inside. For head-dress they have only a strip of cloth, ornamented with shells or with rough turquoises, from the forehead back over the middle of the head, and lappets of cloth edged with fur over the ears, but under the hair. They wear the same sort of shoes as the men. The dress of neither men nor women varies with the season of the year.

The only division of the Ladākhīs—the only caste division—is that the blacksmiths and the musicians belong to castes which are considered low; the blacksmith caste, I believe, being thought the lowest of all. These low castes are called *Bem*; with none of them will the ordinary Ladākhī intermarry. 564

The priesthood of Lāmās does not make a caste; the office is not hereditary. 793

CHĀMPĀS.

The Chāmpās inhabit the higher country—the valley of the Indus above the villages, the other plains, or flat-bottomed valleys, of Rupshu, and a few outlying places. 131

They are not very different from the Ladākhīs. Their different occupation would be sure to produce some changes; or rather, it should be said, probably, that the settled life of the inhabitants of the villages had changed these last from what their ancestors were, who lived the nomad life, and who now are represented by the Chāmpās. For it is likely that the course of events was this—that of the Tibetans, spreading north-westward, some reached a country they were able to settle in and to cultivate, while some remained in the higher parts, and kept to their pastoral ways. The difference in the face that struck me was that the Chāmpās have rather a projecting chin, while the 563 142 181

1; Drew G-S (1862-1872) 1875 AV1 Kashmir
W. Tibetans AJ4

142 Ladākhīs, as before said, have a receding one; the Chāmpās,
● 181 again, have a more expressive mouth. They are a most hardy and a most cheerful set of people. Living all their lives in a severely cold climate, and getting a scanty subsistence, they still have the best of spirits. When, after a day's journey, they collect round the scanty fire that is warming their evening meal, their merry laughter shows what a good heart they can keep in what, to strangers, seem to be the hardest of circumstances.
[221] Their lives are spent in tents; they stay for a month or two at a time in one spot, to graze their flocks and herds, and then they move with them whither the advancing season promises better pasture. Some few details of their way of living will be given when we come to describe the country itself which they frequent.

291 The dress of the Chāmpās is almost the same as that of the Ladākhīs, only that some of them wear the long wide coat of lamb-skin, instead of woollen cloth.

582 As a rule. the Chāmpās and Ladākhīs do not intermarry. The
563 religion of the two is the same, but it lies light on the Chāmpās.
162 Their young men do not become Lāmās. The number of these Chāmpās within this territory is very small; there are hardly more than a hundred families of them. Ethnologically they are not different from those who inhabit the next tracts to the south-east—country which is under the Government of Lhāsa.

COLONIES IN LADAKH.

565 There are some families who come and go with the summer,
221 and a very few who have settled, of a race called *Khamba*. They are of the country named Kham, far to the east of Lhāsa. By what road they first came from their own country I know not, but now they reach the districts of Zānskār and Rupshu from, strange to say, the side of India. They are of Tibetan race, and their language, though different from that of our Chāmpās, still can be understood by them. The Khamba are professional beggars, of a very vagrant disposition; they wander about some part of India in the cold months, and find their way up here in the summer,
565 subsisting by begging. It is strange that they should come to such

1: Drew G-3 (1862-1872) 1875 AV1 Kashmir
W. Tibetans AJ4

181 197 The people have, as has before been implied, the characters which were described under the head "Ladākhīs." They have, indeed, the better of these characteristics in a higher degree than the rest of the Ladākhīs. The Zānskārīs are the old-fashioned ones among them, retaining their simplicity of manners and their honesty without stain. The language has a slight dialectic difference from that of Leh; even in the various parts of Zānskār recognizable differences exist; but none of these seemed—as far as 162 I could gather—to be of great importance. The number 651 of inhabitants is very small. I have a list of forty-three villages, which may contain ten or twelve houses each; the total may be 500 houses and 2500 souls. The tax paid to the Maharaja's Government comes to a very small sum; it used to be 300*l.*, but in 1869 439 it was reduced to 200*l.* There is a trade, small in amount, but still important to the Zānskārīs, which is carried on by three or four routes. First, the people of Rupshu bring salt, and take barley in exchange. Secondly, some of the salt brought by the last-mentioned route goes to Pādar and Pāngī (by very difficult Passes over the Snowy Range), and is there exchanged for rice, butter and honey, and for skins. Thirdly, other of the salt acquired from Rupshu goes to Surū, whence comes in exchange pattū (woollen cloth), barley, and a little cash. Thus it seems that the Zānskār people export of their own productions only barley, if indeed they do that, for it is imported as well as exported. Their profit seems to lie in the trade for salt; by acting both as carriers and merchants of this they increase its value enough to provide themselves with the luxuries that must [651] come from outside. A fourth line of traffic is with Lāhol, whence traders come with cash alone, and buy ponies, donkeys, 435 sheep, and goats. It is only by this branch of trade that cash 437 enough is introduced into the country to pay the Government tax. Nearly all the rest is done by barter: for instance, 7 lbs. or 8 lbs. of salt exchange in Zānskār for 1 lb. of butter; in Pāngī 3 lbs. or 4 lbs. only of salt would be given. Again, in Zānskār the proportion in value of salt to that of barley is such that 2 lbs. of salt exchange for 3 lbs. of barley.

2: Gervis T-3 (no date) 1954 AV1 Kashmir ~~AV1~~
W. Tibetans AJ 4

771 are few. It was the Emperor Asoka, the great missionary-
779 monarch, who between the years 272 and 231 B.C. first sent Buddhist missionaries to Ladakh on goodwill missions, and on their arrival there they built monasteries.

[212] The people of this land claim that ninety per cent of the popu-
181 lation are literate although they are simple and unsophisticated;
533 they are carefree, gay and sociable, the smallest excuse providing
535 for a feast with laughter, dancing and singing, with an opportunity for drinking large quantities of *chang*, which results in general drunkenness. Births, marriages and even deaths are ordinary occasions for feasting and drinking, with singing and dancing girls always a part of the entertainment. Arthur Neve said of them, "They are a contented cheerful race, neither quarrelsome nor revengeful, or rarely so under the influence of *chang*, a sort of barley beer. They are fairly honest and simple-minded, but conspicuously lacking in chastity and cleanliness. From simple and natural marriage customs they are debarred by the restricted nature of the country, and by the intense cold in winter, from ablutions, which they also dispense with in summer by choice."

361 On entering the town one passes through a gateway into the
526 main street, one which is shaded by great poplars on both sides, behind which are the flat-roofed houses with odd rooms piled high on top of each other. In this wide street, as is common in Ladakh, polo used to be played; now there is a special ground for the game by the castle wall. Polo is the national game and is played on small shaggy Ladakh ponies which are fast and on which the rider looks oversized. When a game is in progress in the other towns, the street is cleared, the shops shut, and the onlookers sit on the walls, in windows or on the roof tops. At "important" matches a band blasts furiously, working both players and watchers up to a terrific tension.

[515] The surprising thing is that although the people never wash
[356] and are filthy in their persons, their homes are reasonably clean
342 and tidy, the lanes and streets are swept, and there is no litter or
132 filth lying about. The houses are substantial, with wooden shutters to the windows, for throughout the whole land, although it may be unbearably hot during the day, the nights can be bitter: some declare that a bucket of water stood out on some

check on the latter was the widespread authority of the monasteries. The chief of these is Himis Gompa, on the left bank of the Indus, 18 miles above Leh. This monastery, which contains 400 to 800 monks and nuns, stands at the head of a wild glen and covers a considerable space of ground. An important festival, called the Himis Tsheshū, is held annually on the tenth day of the fifth month (about June 7), when the whole country-side flock to the monastery and witness the weird devil-dance of the Buddhist Lāmas. A constant spectator is the Gialpo of Ladākh. The monastery is believed to contain great wealth, and the treasure is kept under guard in order to prevent its being carried over the border to Lhāsa. The chief shrine is faced entirely with silver plate. Its treasure-house has small vases filled with pearls, turquoises, and rubies, said to be of value.

Leh (population, 2,079) is the only place of importance in Ladākh, and there are besides 463 villages. With the exception of one village of Shiah Musalmāns in Chhachkot, and of the Arguns or half-breeds, practically the whole population, excluding the town of Leh, is Buddhist. The people style themselves Bhots. According to the last Census, there are now 30,216 Buddhists living in Ladākh. They have the Mongolian cast of features, and are strong and well made, ugly, but cheerful and good-tempered. If they do quarrel over their barley beer (*chang*), no bad blood remains afterwards. They are very truthful and honest, and it is said that in court the accused or defendant will almost invariably admit his guilt or acknowledge the justice of the claim.

The people.

There are five main castes (*riks*): the Rgrial *riks*, or ryot caste; the Trangzey *riks*, or priestly caste; the Rjey *riks*, or high officials; the Hmang *riks*, or lower officials and agricultural classes; and the Tolbay *riks*, or artificers and musicians. This last caste, also known as Bem, is considered inferior.

The Ladākhis may be divided into the Champas or nomads, who follow pastoral pursuits on the upland valleys, too high for cultivation; and the Ladākhis proper, who have settled in the valley and the side valleys of the Indus, cultivating with great care every patch of cultivable ground. These two classes do not, as a rule, intermarry, and Champas rarely furnish recruits to the monasteries. The Ladākhis are mostly engaged in agriculture, and in spite of the smallness of their holdings they are fairly prosperous. Their great wants are fuel and timber. For fuel they use cow-dung and the bush known as *burtse*. Their only timber trees are the scattered and scanty willows and poplars which grow along the watercourses.